

# Not just your child, your family members may be at risk of **flu** too!



## High risk groups who are prone to flu



Children less than 5 years of age<sup>1</sup>



People older than 65 years of age<sup>1</sup>



Chronic medical conditions like diabetes, asthma<sup>1</sup>



Pregnant Women<sup>1</sup>

CDC recommends annual flu vaccination for **everyone above 6 months of age**<sup>2</sup>

Get in touch with your doctor to know more about **PEAK Protection** with flu vaccination for your family.



**References:**

1. Flu symptoms & complications [Internet]. Centers for Disease Control and Prevention; 2022 [cited 2023 Jun 2]. Available from: <https://www.cdc.gov/flu/symptoms/symptoms.htm>  
 2. The flu: a guide for parents [Internet] [Updated on: Mar 2019]. Available at: <https://www.cdc.gov/flu/pdf/freeresources/family/flu-guide-for-parents-2018.pdf>. Accessed on: Mar 30, 2023.